



# Initial Health Status

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Pronoun: \_\_\_\_\_

Describe your current condition and how it began: \_\_\_\_\_  
\_\_\_\_\_

Onset date/Surgery date: \_\_\_\_\_ Is this?  Work Related  Auto Related  Not Applicable

How often are your symptom(s) present (% of the day)?

- Constantly (76-100%)  Frequently (51-75%)
- Occasionally (26-50%)  Intermittently (0-25%)

How is your condition changing?

- Getting Better  Getting Worse
- Not Changing

Describe the nature of your pain:

- Sharp  Dull ache  Numb  Shooting  Burning  Tingling  Other \_\_\_\_\_

Current complaint (how you feel today): (No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable Pain)

In the past week, how much has your pain interfered with your daily activities (e.g. work, social, or household)?: (No interference) 0 1 2 3 4 5 6 7 8 9 10 (Unable to perform any activities)

What 3 activities are most impacted by your condition? 1) \_\_\_\_\_  
2) \_\_\_\_\_ 3) \_\_\_\_\_

Who have you seen for your condition before today (ie. VNA, Chiropractor, PT, Medical Doctor)?  
If yes, what treatments and when?

Have you had X-rays, MRI, and/or CT scan for your area of complaint?  Yes  No

Date(s) Taken: \_\_\_\_\_ What body area(s) were taken?: \_\_\_\_\_

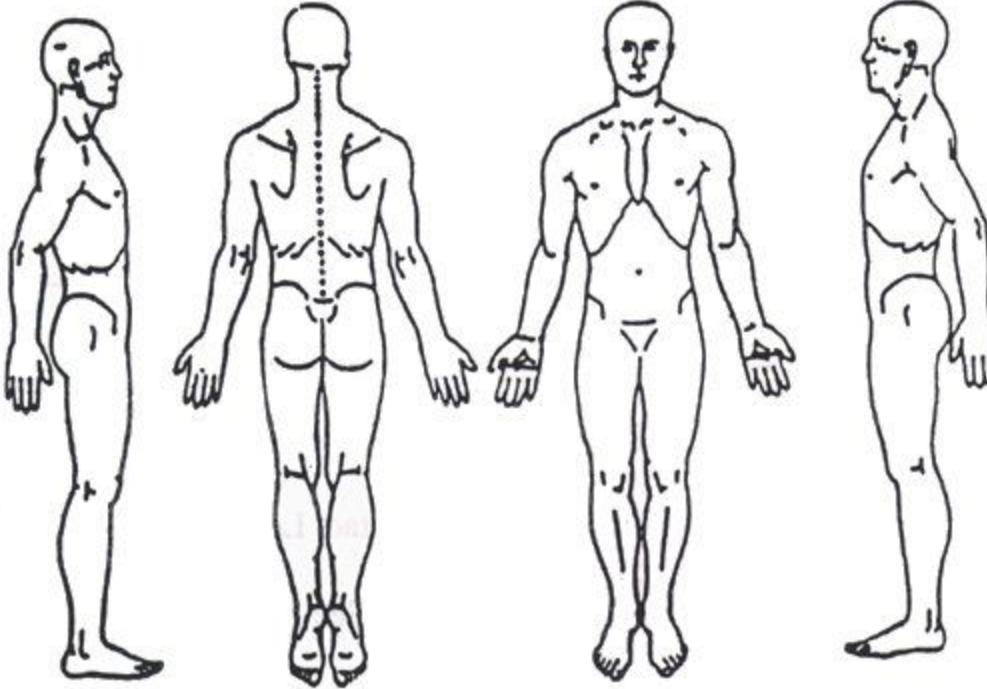
Would you say your overall health right now is:  Excellent  Very good  Good  Fair  Poor  
Please check all the following that apply to you:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Rheumatoid Arthritis    | <input type="checkbox"/> Double Vision/Vision changes        | <input type="checkbox"/> Cancer/Tumor: _____                          |
| <input type="checkbox"/> Lupus/SLE               | <input type="checkbox"/> Difficulty Speaking or Swallowing   | <input type="checkbox"/> Other Health Problems (Explain):<br>_____    |
| <input type="checkbox"/> Fibromyalgia            | <input type="checkbox"/> Abnormal weight (Gain)/(Loss)       | _____   |
| <input type="checkbox"/> Osteopenia/Osteoporosis | <input type="checkbox"/> Change in bowel/bladder function    | <input type="checkbox"/> Surgeries: _____                             |
| <input type="checkbox"/> History of falls        | <input type="checkbox"/> Pain unrelieved by position or rest | _____   |
| <input type="checkbox"/> Stroke/TIA              | <input type="checkbox"/> Dizziness/Fainting                  | _____   |
| <input type="checkbox"/> Parkinson's Disease     | <input type="checkbox"/> Cardiac condition/Pacemaker         | <input type="checkbox"/> Current Medications (or provide list): _____ |
| <input type="checkbox"/> Multiple Sclerosis      | <input type="checkbox"/> High Blood Pressure                 | _____   |
| <input type="checkbox"/> Epilepsy/Seizures       | <input type="checkbox"/> High Cholesterol                    | _____   |
| <input type="checkbox"/> Concussion/Head Injury  | <input type="checkbox"/> Shortness of Breath                 | _____   |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Diabetes                            | _____   |
| <input type="checkbox"/> Numbness/Tingling       | <input type="checkbox"/> Depression/Anxiety                  | _____   |
| <input type="checkbox"/> Difficulty sleeping     | <input type="checkbox"/> Currently Pregnant, # weeks: _____  | _____   |

The following Chart lets us understand the location and nature of your symptoms.

1. Please use an **O** to indicate location(s) of PAIN.

2. Please use **X** marks to indicate where you feel NUMBNESS, TINGLING or BURNING.



**Please complete the following and sign:**

- I certify to the best of my knowledge, the above information is complete and accurate.
- I agree to notify this provider immediately when I have changes in my health condition in the future.
- I understand that this provider may need to contact/consult my physician. Therefore, I give authorization to this provider to contact my physician, if necessary.

**Patient/Responsible Party Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**The *Initial Health Status* was reviewed with the patient:**

**Physical Therapist/Athletic Trainer:** \_\_\_\_\_ **Date:** \_\_\_\_\_